



Unit 17

What would you like to eat

Lesson 1





Warm-up



BOMSTAR





**Thêm
1 lượ**





What would you like to eat?
_____, please.



**I'd like some
bread.**



I'd like some milk.



**I eat three
bananas everyday.**



What would you like to drink?
_____, please.



**I'd like a bar of
chocolate.**




**I'd like a glass of
lemonade.**




I'd like some milk.




_____?
I'd like a bowl of noodles,
please.



What do you like
to eat?



What would you
like to drink?



What would you
like to eat?



_____ cookies do you eat
everyday?



How much



What



How many



**How much milk do you drink
everyday?**



I drink two carton



**I drink two
cartons**



**I'd like two
cartons.**



Pronunciation





1. Listen and repeat.



1.

What would you like to eat? ↻
I'd like a banana, ↻ please. ↻



2.

What would you like to drink? ↻
I'd like a glass of milk, ↻ please. ↻



3.

How much rice do you eat every day? ↻
I'd like a glass of milk, ↻ please. ↻





2. Listen and circle *a* or *b*



 1. What would you like to eat?

I'd like _____, please.

a. an apple

b. a banana

 2. What would you like to drink?

I'd like a glass of _____, please.

a. milk

b. orange juice

 3. How many eggs do you eat every week?

I eat _____ a week.

a. three

b. four

 4. How much water do you drink?

I drink _____ bottles a day.

a. four

b. five





3. Let's chant



Healthy food and drink



What do you usually eat?

I eat rice, fish and vegetables.

How much rice do you eat?

I eat two bowls a day.

How much fish do you eat?

I eat a lot a day.

What fruits do you usually eat?

I eat grapes, apples and oranges.

How many grapes do you have?

I have eight for my breakfast.

How many apples do you usually eat?

I have one for my lunch.



What do you usually drink?

I drink water and fruit juice.

How much water do you drink?

Six bottles a day.

How much fruit juice do you drink?

Two glasses a day.





Vocabulary





Vocabulary



Vitamin

/'vaitəmin/



Vegetable

/'vedʒtəbl/



Sugar

/'ʃʊgər/



Fat

/fæt/



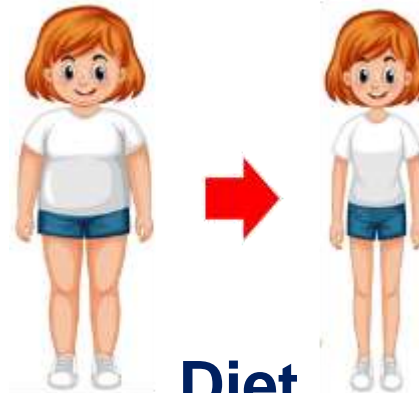
Fruit

/fru:t/



Meat

/mi:t/



Diet

/'daɪət/





Practise





4.1. Match the headings with the paragraphs.

<p>1. A healthy diet</p>	<p>2. Fruit juice is good for you</p>	<p>3. Vegetables are good for you</p>
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<p>a. Orange or apple juice is good for breakfast or lunch, and you should drink a lot of water between meals.</p>	<p>b. It's important to eat vegetables every day. You need vitamins from vegetables for a healthy body</p>	<p>c. Chocolate has some vitamins, but it has a lot of fat and sugar too, so don't eat too much. To be healthy, you should eat rice, bread and lots of vegetables and fruit. You also need some meat, fish or eggs.</p>
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4.2. Answer the questions.



1. What healthy drinks should you have for breakfast or lunch?

➤ **We should have some orange or apple juice.**

2. What should you drink between meals?

➤ **We should drink a lot of water between meals.**

3. Why are vegetables good for you?

➤ **Because vegetables have vitamins. We need vitamins for a healthy body.**





4.2. Answer the questions.



4. Why shouldn't you eat too much chocolate?

➤ **Because it has a lot of fat and sugar.**

5. What should you eat to be healthy?

➤ **We should eat rice, bread and lots of vegetables and fruit. We also need some meat, fish or eggs.**





5. Write about your eating habits.



1. What kinds of vegetables do you eat every day?

2. What kinds of fruits do you eat every day?

3. How much rice do you eat every day?

